



Cliffview
Ayurveda Retreat



BALANCING BODY, MIND AND SPIRIT

Ayurveda, Yoga and Ayurveda Cooking Class
August 15th - September 30th 2020

After a time of great exertion or crisis, we have a need to switch off, to go inside and to bring ourselves in balance again. Cliffview Ayurveda Retreat offers a private atmosphere and a very personal service and is therefore the perfect setting. From August 15th until September 30th 2020 Cliffview Ayurveda Retreat offers a complete package for 14 days with the following content:

- 2 hours yoga and meditation daily
- 10 Ayurveda massages (60 minutes each)
- 5 appointments in the kitchen (10 recipes)
- daily doctor's service
- accommodations in selected rooms
- full board vegetarian food and beverages
- airport transfers

14 days / 13 nights

Comfortroom	Single	1690 €
	Double	2600 €
Loft	Single	1960 €
	Double	2970 €

All taxes are included.

The offer can be booked in the specified time window.

